

LACK OF SELF DISCIPLINE

Lack of self-discipline is a tendency to indulge your desires so that they control you, instead of you controlling those desires. The Bible makes it clear that a lack of self-discipline leads to **serious consequences**—disobedience, destruction, and separation from God's blessings. It is, "Like a city whose walls are broken through ..." **Pro. 25:28**. You have to learn to say no to those things that don't matter, useless and wasting your time and also which is harmful to you.

EXAMPLES OF LACK OF DISCIPLINE

1. **Procrastination:** Putting off important tasks until the last minute.
2. **Impulse Spending:** Without considering the financial consequences.
3. **Poor Time Management:** Frequently being late or missing deadlines.
4. **Lack of Consistency:** Struggling to maintain good habits, such as being punctual.
5. **Struggling to Say "No":** Agreeing to too many requests, hence overwhelmed.
6. **Giving in to Temptation:** despite of knowing they are detrimental.
7. **Lack of Goals or Plans:** that can lead to a general lack of direction and discipline.

PERSONAL AND SPIRITUAL CONSEQUENCES FOR LACK OF SELF DISCIPLINE

1. **-Vulnerability to temptation:** Without self-discipline, a person is exposed.
2. **-Slavery to sin:** Lack of self-discipline can lead to becoming a slave to various vices.
3. **-Moral decay:** Neglecting discipline can result in moral decline.
4. **-Emotional instability:** A lack of self-discipline can make one emotionally unstable.
5. **-Unfulfilled potential:** Without discipline, one may fail to cultivate talents.

THE BENEFITS OF SELF DISCIPLINE

1. -Our self-discipline shows we **trust God** and desire Him above all.
2. -Our self-discipline is **rewarded by God**.
3. -Our self-discipline **strengthens our relationship** with God.
4. -Our self-discipline, gives us **the skill** to recognize the difference between right and wrong.

Self-discipline allows you to choose, and persist with habitual actions, thoughts, and behaviours, how you want to live your best life. It gives you the inner strength to overcome setbacks, failures, addictions, procrastination, and boredom. Lack of discipline kills more dreams than the lack of resources ever will.